



Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

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A Report on Nutrition Food – Healthy Life

Conducted on 25-09-2021 at Chirravuru

KL Deemed to be University (Koneru Lakshmaiah Education Foundation) **Computer Science Engineering (CSE), National Service Scheme (NSS) Unit-07** has conducted “**Nutrition Food – Healthy Life**” (**Poshan Maah**) on **25-09-2021** at **Chirravuru** village. On 23-09-2021 Thursday, the NSS Unit-07 team has decided to conduct Nutrition Food – Healthy Life (Poshan Maah) event on 25-09-2021. In this view, Our NSS Programme Coordinator Mr.P.Srikanth Reddy and CSE NSS Unit - 07 Programme officer Dr.P.Yellamma along with some students went to Chirravuru village and inform the village Panchayat Secretary about the program.

Objective of this Programme: To Educate School students on food and Nutrition and making them understand the importance of consuming a balanced diet. After reaching the village, volunteers went to ZPHS School and met the students of VI, IX and X Classes and asked them about the type of food they consume. Volunteers said about the importance of consuming a balanced diet and how it helps our body to grow and stay fit. Then we informed them about nutrients and their importance in our body to stay energetic. We also talked about the quantity of food that a growing individual needs to consume in order to stay healthy and not to fall under malnutrition category.

On the day of event i.e. 25-09-2021, we as a team started at 9:30 am from our University campus and reached there by 10:00 am. There we were divided into teams by our coordinators, and we have gone as per our plan of telling about nutritious food in the Government schools. The camp was lead by Mr.P.Srikanth Reddy, Programme Coordinator, KLEF NSS Cell & Dr.P.Yellamma, Programme officer, CSE Unit-07 and Mr.P.Suresh. Coordinator, CEA, Mr.T.Sivakrishna, Mr.GVKP.Chandra Sekhar Coordinators. We would like to thank all the NSS volunteers for their valuable contribution in successful implementation of the program and to the Panchayat officials of Chirravuru Village for encouraging us to do this event successfully.

Details of the Event:

Date of the Event : 25-09-2021

Name of the Event : Nutrition Food – Healthy Life (PoshanMaah)

Venue : Chirravuru

No. of Participants : Students: 25, Faculty, Staff: 04

Event Photos:



Participated Volunteer's list

S.N	Name of the Student	ID No.	Branch
1	V. Navya Akanksha	190031686	CSE
2	T. Amrutha	190031643	CSE
3	P. Joshiaka Sri	190031281	CSE
4	Shaik Neehal	190031500	CSE
5	Ch. Bhavya Gayathri	190030331	CSE
6	P. Sirisha	190031371	CSE
7	B. Mounika	190030144	CSE
8	R. Lasya Anitha	190031381	CSE
9	A. Akshita	190030086	CSE
10	Varsha Chowdary Kadimi	190030678	CSE
11	P. Gyan Sai Kumar	190031253	CSE
12	R. Sai Kiran	190031440	CSE
13	P. Ram Prasad	190031838	CSE
14	B. Aruna Priya	190030129	CSE
15	S. Dhanu Sri	190031405	CSE
16	B.N. Bhanu Nandan	190030168	CSE
17	G. Sidhartha	190030540	CSE
18	M. Krishna Vamsi	190031084	CSE
19	PalletiSravani	190031243	CSE
20	P. SwarnaLekha	190031225	CSE
21	D. Leena Thanmai	190030382	CSE
22	K. Tejaswini	190030762	CSE
23	G. Jahnavi	190030542	CSE
24	P. Venkata Sai Sumanth	190031256	CSE
25	JittaNavya	190031888	CSE

Programme Coordinator
KLEF, NSS Cell

Dean, Students Affairs
K.L.E.F